

	6. kyu	5. kyu	4. kyu	3. kyu	2. kyu	1. kyu
Ikkyo	Ai-hanmi Katatedori	Katatedori	Katadori	Ryotedori Ushiro Ryotedori	Shomen-uchi Morotedori	Yokomen-uchi Katadori-menuchi
Ikkyo Suwari		Ai-hanmi Katatedori	Katadori	Katatedori	<b>Shomen-uchi</b>	Yokomen-uchi
Nikyo			Katadori	Katatedori	Shomen-uchi	Yokomen-uchi
Nikyo Suwari				Katatedori	<b>Katadori</b>	Shomen-uchi Ryotedori
Sankyo			Ai-hanmi Katatedori	<b>Ushiro Ryotedori</b>	Shomen-uchi	Shomen-uchi
Sankyo Suwari				Ai-hanmi Katatedori	Katadori	Yokomen-uchi
Yonkyo				Ai-hanmi Katatedori	Shomen-uchi	<b>Morotedori</b> Yokomen-uchi
Yonkyo Suwari					Ai-hanmi Katatedori	Shomen-uchi
Gokyo					<b>Yokomen-uchi</b>	<b>Yokomen-uchi</b>
Irimi-nage	Ai-hanmi Katatedori	<b>Katatedori</b>	Katatedori (tenkan)	Ryotedori	Shomen-uchi Ryotedori	Katadori-menuchi <b>Yokomen-uchi</b> Tsuki
Irimi-nage Suwari				Ai-hanmi Katatedori	Katatedori	<b>Shomen-uchi</b>
Shiho-nage	Ai-hanmi Katatedori	Katatedori	Katatedori (tenkan)	Ryotedori	<b>Yokomen-uchi</b>	<b>Ushiro Ryotedori</b>
Shiho-nage H			Ai-hanmi Katatedori	Katatedori	<b>Katatedori</b> <b>Ryotedori</b>	Ryotedori Yokomen-uchi (omote)
Soto Kaiten-nage		Katatedori (irimi)	<b>Katatedori</b>	Katadori (irimi)	<b>Shomen-uchi</b> Yokomen-uchi (irimi)	Ushiro Ryotedori Tsuki
Uchi Kaiten-nage				<b>Katatedori</b>	Shomen-uchi	Katatedori H
Kote-gaeshi		Ai-hanmi Katatedori	Katatedori	Shomen-uchi	Shomen-uchi Ushiro Ryotedori	Yokomen-uchi <b>Tsuki</b> Katadori-menuchi
Kote-gaeshi Suwari				Ai-hanmi Katatedori	Katatedori	<b>Shomen-uchi</b>
Tenchi-nage				Katatedori	<b>Ryotedori</b>	Ushiro Ryotedori Yokomen-uchi
Tenbin-nage			Katatedori	Ai-hanmi Katatedori	Katatedori Kubishime	Ushiro Ryotedori
Udekime-nage				Ai-hanmi Katatedori	Ushiro Ryotedori	Yokomen-uchi
Ude Garami					Katatedori	Katadori
Juji Nage					Morotedori	Ushiro Ryotedori
Hijikime-osae					Ai-hanmi Katatedori	Tsuki
Sumi-otoshi		Katatedori				Ushiro Ryotedori
Koshi-nage				Katatedori Kubishime	Shomen-uchi	Ushiro Ryotedori
Aiki-nage						Katatedori
Aiki-otoshi						Ushiro Ryotedori
Kiri-otoshi				Ushiro Ryotedori		
Kokyu Nage		Katatedori	Katatedori X 2	Ryotedori X 3	Ryotedori X 4	Shomen Uchi X 2
Kokyu-ho	Katatedori	Ryotedori	Ushiro Ryotedori	Morotedori	Yokomen-uchi	Shomen-uchi
Kokyu-ho Seiza	Ryotedori	Ryotedori	Ryotedori	Ryotedori	Ryotedori	<b>Ryotedori</b>
<b>Technikák száma kyu fokozatonként</b>	<b>4</b>	<b>9</b>	<b>15</b>	<b>27</b>	<b>36</b>	<b>40</b>